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#### International Researcher IDs

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#### Education Information

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- I. Doctorate, Akdeniz University, Institute of Health Sciences , Psychiatric Nursing , Turkey 2020 - Continues
- II. Postgraduate, Akdeniz University, Institute of Health Sciences , Psychiatric Nursing, Turkey 2018 - 2020
- III. Postgraduate, Dokuz Eylul University, Sağlık Bilimleri Enstitüsü, Psychiatric Nursing , Turkey 2017 - 2018
- IV. Undergraduate, İzmir Katip Celebi University, Faculty Of Health Sciences, Department Of Nursing, Turkey 2013 - 2017

#### Foreign Languages

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- I. English, C1 Advanced

#### Certificates, Courses and Trainings

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- I. Health&Medicine, Child-Adolescent Cognitive Behavioral Therapy Supervision Training, 80 hours, Cognitive Behavioral Psychotherapies Association, 2021
- II. Health&Medicine, Trainer Training for Distance Education in Nursing-3: Use of Examination Automation System, Akdeniz University Faculty of Nursing, 2020
- III. Health&Medicine, Art Therapy Interventions for Trauma and in the Field Training Program, Art Psychotherapies Association, 2020
- IV. Health&Medicine, Child Adolescent Cognitive and Behavioral Therapy Theoretical Training, Cognitive Behavioral Psychotherapies Association, 2020
- V. Health&Medicine, Motivational Interviewing in Behavior Change, 6. International 17. National Nursing Congress, 2019
- VI. Education Management and Planning, Program Evaluation Models Used in the Field of Health, Akdeniz University Faculty of Nursing, 2019
- VII. Health&Medicine, Self-development Seminars I- Creating a Common Language in Teaching and Using the Nursing Process, Akdeniz University Faculty of Nursing, 2019
- VIII. Health&Medicine, Physical Examination Methods in Nursing, Akdeniz University Faculty of Nursing, 2019
- IX. Health&Medicine, Assessment and Evaluation Course in Nursing Education, Akdeniz University Faculty of Nursing, 2019
- X. Health&Medicine, Assessment and Evaluation Course in Nursing Education, Akdeniz University Faculty of Nursing, 2019

- XI. Health&Medicine, Psychoeducation Process and Group Leadership Course, V. International IX. National Psychiatric Nursing Congress, 2018
- XII. Health&Medicine, Research Planning and Biostatistics Academy Modules, Akdeniz University Faculty of Nursing, 2018
- XIII. Health&Medicine, Care Behaviors Development Course, Akdeniz University Faculty of Nursing, 2018
- XIV. Health&Medicine, Qualitative Studies Course, Dokuz Eylul University Faculty of Nursing, 2018

## Dissertations

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- I. Postgraduate, Examining the relationship between internet activities and internet addiction and cognitive distortions in high school students, Akdeniz University, Department Of Nursing, Department Of Nursing, 2020

## Research Areas

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Health Sciences, Nursing, Psychiatric Nursing

## Academic Titles / Tasks

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- I. Research Assistant, Akdeniz University, Department of Nursing, Department of Nursing, 2018 - Continues

## Academic and Administrative Experience

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- I. Akdeniz University Faculty of Nursing Assessment and Evaluation Commission, Akdeniz University, Department Of Nursing, Department Of Nursing, 2022 - Continues
- II. Akdeniz University Faculty of Nursing Psychosocial Counseling Commission, Akdeniz University, Department Of Nursing, Department Of Nursing, 2019 - Continues
- III. Akdeniz University Faculty of Nursing Accreditation Commission Member, Akdeniz University, Department Of Nursing, Department Of Nursing, 2019 - 2022

## Published journal articles indexed by SCI, SSCI, and AHCI

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- I. **The association of mental health literacy with mental well-being and help-seeking in young people: A systematic review and meta-analysis**  
Özparlak A., Karakaya D., Özer Z.  
JOURNAL OF PEDIATRIC NURSING, vol.0, no.0, 2023 (SCI-Expanded)
- II. **Suicide literacy in nurses: A cross-sectional study**  
Karakaya D., Özparlak A., Önder M.  
JOURNAL OF CLINICAL NURSING, vol.32, no.1-2, pp.115-125, 2023 (SCI-Expanded)
- III. **Problematic Internet Use in Adolescents: A Phenomenological Study**  
Özparlak A., Karakaya D., Önder A., Günbayı İ.  
JOURNAL OF PSYCHIATRIC AND MENTAL HEALTH NURSING, vol.30, no.4, pp.731-742, 2023 (SCI-Expanded)
- IV. **Internet Addiction in Adolescents A Systematic Review of Nursing Studies**  
Özparlak A., Karakaya D.  
JOURNAL OF PSYCHOSOCIAL NURSING AND MENTAL HEALTH SERVICES, vol.58, no.3, pp.47-63, 2020 (SCI-Expanded)

## Articles Published in Other Journals

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- I. **The associations of cognitive distortions with internet addiction and internet activities in adolescents: A cross-sectional study**  
Özparlak A., Karakaya D.  
Journal of Child and Adolescent Psychiatric Nursing, vol.35, no.4, pp.322-330, 2022 (ESCI)
- II. **'Fighting an Octopus'- Experiences of Nurses Working in the COVID-19 Ward: A Qualitative Study**  
Özkan Z., Uçan H., Özparlak A., Karakaya D., Okan Demirel M.  
Turkiye Klinikleri Journal of Nursing Sciences, vol.14, no.4, pp.1221-1231, 2022 (Peer-Reviewed Journal)
- III. **Familial Factors Associated with Internet Addiction in Adolescents and Nursing Care**  
Özparlak A., Karakaya D.  
Turkiye Klinikleri Journal of Nursing Sciences, vol.12, no.2, pp.291-299, 2020 (Peer-Reviewed Journal)

## Books & Book Chapters

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- I. **Nursing Care in Neurodevelopmental Disorders**  
Karakaya D., Özparlak A.  
in: 500 Questions 500 Answers in Psychiatric Nursing, Leyla Baysan Arabacı, Editor, Adana Nobel Kitabevi, Ankara, 2021

## Refereed Congress / Symposium Publications in Proceedings

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- I. **The association of mental health literacy with well-being and help-seeking in young people: a systematic review and meta-analysis**  
Özparlak A., Karakaya D., Özer Z.  
7. International 18. National Nursing Congress, Konya, Turkey, 22 - 25 September 2022, pp.160
- II. **Examining the Relationship Between Nurses' Self-Compassion Levels and Care Behaviors**  
Özparlak A., Karakaya D., Uçan H., Çelik E.  
7. International 18. National Nursing Congress, Konya, Turkey, 22 - 25 September 2022, pp.159
- III. **'Fighting an Octopus'-Experiences of Nurses Working in the COVID-19 Ward: A Qualitative Study**  
Özkan Z., Uçan H., Özparlak A., Karakaya D., Okan Demirel M.  
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.548-550
- IV. **Suicide literacy in nurses: A cross-sectional study**  
Karakaya D., Özparlak A., Önder M.  
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.434-435
- V. **Problematic Internet Use in Adolescents: A Phenomenological Study**  
Özparlak A., Karakaya D., Önder A., Günbayı I.  
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.484-485
- VI. **The associations of cognitive distortions with internet addiction and internet activities in adolescents: A cross-sectional study**  
Özparlak A., Karakaya D.  
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.577-578
- VII. **Familial Factors Associated with Internet Addiction in Adolescents and Nursing Care**  
Özparlak A., Karakaya D.  
6. International 17. Nursing Congress, Ankara, Turkey, 19 - 21 December 2019, pp.550
- VIII. **Examination of Nursing Studies on Internet Addiction in Adolescents: A Systematic Review**  
Özparlak A., Karakaya D.

## Supported Projects

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- I. KARAKAYA D., ÖZPARLAK A., Project Supported by Higher Education Institutions, Lise öğrencilerinde İnternet Aktiviteleri ve İnternet Bağımlılığının Bilişsel Çarpıtmalar ile İlişkisinin İncelenmesi, 2019 - 2020

## Activities in Scientific Journals

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- I. Journal of Action Qualitative & Mixed Methods Research, Publication Committee Member, 2023 - Continues

## Memberships / Tasks in Scientific Organizations

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- I. Psychiatric Nursing Association, Member, 2018 - Continues, Turkey

## Scientific Refereeing

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- I. JOURNAL OF PSYCHIATRIC AND MENTAL HEALTH NURSING, SCI Journal, August 2023
- II. PSYCHOLOGY RESEARCH AND BEHAVIOR MANAGEMENT, Journal Indexed in SSCI, July 2023
- III. JOURNAL OF CHILD AND ADOLESCENT PSYCHIATRIC NURSING, Journal Indexed in ESCI, February 2023
- IV. ARCHIVES OF PSYCHIATRIC NURSING, SCI Journal, January 2023

## Tasks In Event Organizations

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- I. Hallaç S., Özparlak A., V. International IX. National Psychiatric Nursing Congress, Scientific Congress, Antalya, Turkey, Kasım 2018

## Metrics

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Publication: 16  
Citation (WoS): 5  
Citation (Scopus): 3  
H-Index (WoS): 1  
H-Index (Scopus): 1

## Congress and Symposium Activities

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- I. 7. Uluslararası 18. Ulusal Hemşirelik Konresi, Attendee, Konya, Turkey, 2022
- II. VI. Uluslararası X. Ulusal Psikiyatri Hemşireliği Kongresi, Attendee, İzmir, Turkey, 2021
- III. 6. Uluslararası 17. Ulusal Hemşirelik Kongresi, Attendee, Ankara, Turkey, 2019
- IV. V. Uluslararası IX. Ulusal Psikiyatri Hemşireliği Kongresi, Attendee, Antalya, Turkey, 2018
- V. Uluslararası Hemşirelik Uygulamalarında Etik Kongresi, Attendee, İzmir, Turkey, 2017

