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International Researcher IDs

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Education Information

I. Doctorate, Akdeniz University, Institute of Health Sciences , Psychiatric Nursing , Turkey 2020 - Continues
II. Postgraduate, Akdeniz University, Institute of Health Sciences , Psychiatric Nursing, Turkey 2018 - 2020
III. Postgraduate, Dokuz Eylul University, Sağlık Bilimleri Enstitüsü, Psychiatric Nursing , Turkey 2017 - 2018
IV. Undergraduate, Izmir Katip Celebi University, Faculty Of Health Scıences, Department Of Nursıng, Turkey 2013 - 2017

Foreign Languages

I. English, C1 Advanced

Certificates, Courses and Trainings

I. Health&Medicine, Child-Adolescent Cognitive Behavioral Therapy Supervision Training, 80 hours, Cognitive Behavioral Psychotherapies Association, 2021
II. Health&Medicine, Trainer Training for Distance Education in Nursing-3: Use of Examination Automation System, Akdeniz University Faculty of Nursing, 2020
III. Health&Medicine, Art Therapy Interventions for Trauma and in the Field Training Program, Art Psychotherapies Association, 2020
IV. Health&Medicine, Child Adolescent Cognitive and Behavioral Therapy Theoretical Training, Cognitive Behavioral Psychotherapies Association, 2020
V. Health&Medicine, Motivational Interviewing in Behavior Change, 6. International 17. National Nursing Congress, 2019
VI. Education Management and Planning, Program Evaluation Models Used in the Field of Health, Akdeniz University Faculty of Nursing, 2019
VII. Health&Medicine, Self-development Seminars I- Creating a Common Language in Teaching and Using the Nursing Process, Akdeniz University Faculty of Nursing, 2019
VIII. Health&Medicine, Physical Examination Methods in Nursing, Akdeniz University Faculty of Nursing, 2019
IX. Health&Medicine, Assessment and Evaluation Course in Nursing Education, Akdeniz University Faculty of Nursing, 2019
X. Health&Medicine, Assessment and Evaluation Course in Nursing Education, Akdeniz University Faculty of Nursing, 2019

XI. Health&Medicine, Psychoeducation Process and Group Leadership Course, V. International IX. National Psychiatric Nursing Congress, 2018
XII. Health&Medicine, Research Planning and Biostatistics Academy Modules, Akdeniz University Faculty of Nursing, 2018
XIII. Health&Medicine, Care Behaviors Development Course, Akdeniz University Faculty of Nursing, 2018
XIV. Health&Medicine, Qualitative Studies Course, Dokuz Eylul University Faculty of Nursing, 2018

Dissertations

I. Postgraduate, Examining the relationship between internet activities and internet addiction and cognitive distortions in high school students, Akdeniz University, Department Of Nursing, Department Of Nursing, 2020

Research Areas

Health Sciences, Nursing, Psychiatric Nursing

Academic Titles / Tasks

I. Research Assistant, Akdeniz University, Department of Nursing, Department of Nursing, 2018 - Continues

Academic and Administrative Experience

I. Akdeniz University Faculty of Nursing Assessment and Evaluation Commission, Akdeniz University, Department Of Nursing, Department Of Nursing, 2022 - Continues
II. Akdeniz University Faculty of Nursing Psychosocial Counseling Commission, Akdeniz University, Department Of Nursing, Department Of Nursing, 2019 - Continues
III. Akdeniz University Faculty of Nursing Accreditation Commission Member, Akdeniz University, Department Of Nursing, Department Of Nursing, 2019 - 2022

Published journal articles indexed by SCI, SSCI, and AHCI

I. **The association of mental health literacy with mental well-being and help-seeking in young people: A systematic review and meta-analysis**
Özparlak A., Karakaya D., Özer Z.
JOURNAL OF PEDIATRIC NURSING, vol.0, no.0, 2023 (SCI-Expanded)
II. **Suicide literacy in nurses: A cross-sectional study**
Karakaya D., Özparlak A., Önder M.
JOURNAL OF CLINICAL NURSING, vol.32, no.1-2, pp.115-125, 2023 (SCI-Expanded)
III. **Problematic Internet Use in Adolescents: A Phenomenological Study**
Özparlak A., Karakaya D., Önder A., Günbayı İ.
JOURNAL OF PSYCHIATRIC AND MENTAL HEALTH NURSING, vol.30, no.4, pp.731-742, 2023 (SCI-Expanded)
IV. **Internet Addiction in Adolescents A Systematic Review of Nursing Studies**
Özparlak A., Karakaya D.
JOURNAL OF PSYCHOSOCIAL NURSING AND MENTAL HEALTH SERVICES, vol.58, no.3, pp.47-63, 2020 (SCI-Expanded)

Articles Published in Other Journals

I. **The associations of cognitive distortions with internet addiction and internet activities in adolescents: A cross-sectional study**
Özparlak A., Karakaya D.
Journal of Child and Adolescent Psychiatric Nursing, vol.35, no.4, pp.322-330, 2022 (ESCI)

II. **'Fighting an Octopus'- Experiences of Nurses Working in the COVID-19 Ward: A Qualitative Study**
Özkan Z., Uçan H., Özparlak A., Karakaya D., Okan Demirel M.
Turkiye Klinikleri Journal of Nursing Sciences, vol.14, no.4, pp.1221-1231, 2022 (Peer-Reviewed Journal)

III. **Familial Factors Associated with Internet Addiction in Adolescents and Nursing Care**
Özparlak A., Karakaya D.
Turkiye Klinikleri Journal of Nursing Sciences, vol.12, no.2, pp.291-299, 2020 (Peer-Reviewed Journal)

Books & Book Chapters

I. **Nursing Care in Neurodevelopmental Disorders**
Karakaya D., Özparlak A.
in: 500 Questions 500 Answers in Psychiatric Nursing, Leyla Baysan Arabacı, Editor, Adana Nobel Kitabevi, Ankara, 2021

Refereed Congress / Symposium Publications in Proceedings

I. **The association of mental health literacy with well-being and help-seeking in young people: a systematic review and meta-analysis**
Özparlak A., Karakaya D., Özer Z.
7. International 18. National Nursing Congress, Konya, Turkey, 22 - 25 September 2022, pp.160

II. **Examining the Relationship Between Nurses' Self-Compassion Levels and Care Behaviors**
Özparlak A., Karakaya D., Uçan H., Çelik E.
7. International 18. National Nursing Congress, Konya, Turkey, 22 - 25 September 2022, pp.159

III. **'Fighting an Octopus'-Experiences of Nurses Working in the COVID-19 Ward: A Qualitative Study**
Özkan Z., Uçan H., Özparlak A., Karakaya D., Okan Demirel M.
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.548-550

IV. **Suicide literacy in nurses: A cross-sectional study**
Karakaya D., Özparlak A., Önder M.
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.434-435

V. **Problematic Internet Use in Adolescents: A Phenomenological Study**
Özparlak A., Karakaya D., Önder A., Günbayı I.
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.484-485

VI. **The associations of cognitive distortions with internet addiction and internet activities in adolescents: A cross-sectional study**
Özparlak A., Karakaya D.
VI. International X. National Psychiatric Nursing Congress, İzmir, Turkey, 20 - 23 October 2021, pp.577-578

VII. **Familial Factors Associated with Internet Addiction in Adolescents and Nursing Care**
Özparlak A., Karakaya D.
6. International 17. Nursing Congress, Ankara, Turkey, 19 - 21 December 2019, pp.550

VIII. **Examination of Nursing Studies on Internet Addiction in Adolescents: A Systematic Review**
Özparlak A., Karakaya D.

V. International IX. National Psychiatric Nursing Congress, Antalya, Turkey, 20 - 23 November 2018, vol.9, no.1, pp.122-123

Supported Projects

I. KARAKAYA D., ÖZPARLAK A., Project Supported by Higher Education Institutions, Lise öğrencilerinde İnternet Aktiviteleri ve İnternet Bağımlılığının Bilişsel Çarpıtmalar ile İlişkisinin İncelenmesi, 2019 - 2020

Activities in Scientific Journals

I. Journal of Action Qualitative & Mixed Methods Research, Publication Committee Member, 2023 - Continues

Memberships / Tasks in Scientific Organizations

I. Psychiatric Nursing Association, Member, 2018 - Continues, Turkey

Scientific Refereeing

I. JOURNAL OF PSYCHIATRIC AND MENTAL HEALTH NURSING, SCI Journal, August 2023
II. PSYCHOLOGY RESEARCH AND BEHAVIOR MANAGEMENT, Journal Indexed in SSCI, July 2023
III. JOURNAL OF CHILD AND ADOLESCENT PSYCHIATRIC NURSING, Journal Indexed in ESCI, February 2023
IV. ARCHIVES OF PSYCHIATRIC NURSING, SCI Journal, January 2023

Tasks In Event Organizations

I. Hallaç S., Özparlak A., V. International IX. National Psychiatric Nursing Congress, Scientific Congress, Antalya, Turkey, Kasım 2018

Metrics

Publication: 16
Citation (WoS): 5
Citation (Scopus): 3
H-Index (WoS): 1
H-Index (Scopus): 1

Congress and Symposium Activities

I. 7. Uluslararası 18. Ulusal Hemşirelik Konresi, Attendee, Konya, Turkey, 2022
II. VI. Uluslararası X. Ulusal Psikiyatri Hemşireliği Kongresi, Attendee, İzmir, Turkey, 2021
III. 6. Uluslararası 17. Ulusal Hemşirelik Kongresi, Attendee, Ankara, Turkey, 2019
IV. V. Uluslararası IX. Ulusal Psikiyatri Hemşireliği Kongresi, Attendee, Antalya, Turkey, 2018
V. Uluslararası Hemşirelik Uygulamalarında Etik Kongresi, Attendee, İzmir, Turkey, 2017